

ABIGAIL BRULEY

writer, performer, director, brain-injury advocate



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WILLING TO RELOCATE
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EXPERIENCE

Femme Flash Films, <https://vimeo.com/user12949511> — Founder and Writer/Director

November 2016 - PRESENT

Produced, Wrote and directed short films and videos employing and empowering female crew members and founded a community of conscious female filmmakers.

Content Creation & Editing — Freelance

February 2000-Present

Created & Edited verticals, articles, slideshows, interviews, original content and copywriting for publications like NBC UNiversal, NYLON, Refinery 29, Brit & Co, Inked Magazine, two.one.five Magazine, Vice, The AV Club and more.

My Mind Salon, <https://www.mymindsalon.com> — Founder and Guide

April 2021 - PRESENT

Founded online mental health resource for meditation and mindfulness tools to support wellbeing. Host virtual 6-week class.

CREATIVE EXPERIENCE

- Produced, wrote, directed and performed in short, dark-comedy films: *Mail Blessings*, *Main Absolves*, *On the Dot* and webseries: *The Rub*, and *Down the Show*.
- Toured with Improv Group, Nielsen, as producer and performer.
- Curated and submitted paintings to the art show “Gain Green: Heavylifting Horticulture” at the Fairmont House Gallery with artwork of patients from Magee Rehab Hospital.

EDUCATION

Brown University, Rhode Island — MBSR Teacher Cert.

OCT 2020 - APRIL 2021

Drexel University, Philadelphia PA — *Double B.S. Film Screenwriting* SEP 2000 - JUN 2005

SKILLS

Sketch Comedy and Improv
Photoshop, Premiere Pro
Substack newsletter creation
AP Style Editing
Mindfulness-Based Stress Reduction
Notion
Google Suite
Ballet stage performer
Illustration

AWARDS

UTNE Award Nomination for Excellence in Journalism for “Comedy Not Pretty” in two.one.five Magazine

Writers Guild Award Nominee for original writing in New Media for “Down the Show” web series and “Main Blessings” short film

Respectability 2022
Entertainment Lab Fellow

VOLUNTEER

Peer Mentor at Magee Rehabilitation Hospital for newly brain-injured and their families to give advice and offer hope.